

10 Lines On My Favourite Food Rice

 10linesabout.com/10-lines-on-my-favourite-food-rice/

June 19, 2025



Discover 10 Lines on My Favourite Food Rice. Simple, tasty, and loved by all. Perfect for school essays, homework, and quick learning.

Have you ever wondered why rice is loved by millions of people around the world? Why does it appear in almost every household meal, especially in Asia? Rice is not just food—it is comfort, tradition, and joy served on a plate.

More than **3.5 billion people** depend on rice as a daily food source. It is one of the oldest grains and has been feeding people for thousands of years. From a simple bowl of steamed rice to rich dishes like biryani or fried rice, this grain can be enjoyed in many ways.

I love rice because it suits every mood. If I want something light, I can eat it with curd. If I want a heavy meal, I enjoy it with curry or lentils. It is easy to cook and even easier to eat.

In many cultures, rice is a symbol of happiness and celebration. From weddings to festivals, rice is always present. For me, rice is more than just food. It brings warmth to my heart and reminds me of home-cooked meals.

So yes, rice is my favourite food. Not just for the taste, but for the comfort it brings every single time.

Why is rice a favorite food?

Rice is a favorite food because it is versatile, affordable, and easy to prepare. It complements a wide variety of flavors and dishes. In many cultures, rice is a staple food that provides energy and nourishment. It can be eaten with curries, stir-fries, or even as a dessert. Its mild taste and texture make it suitable for all ages.

What is a few lines of rice?

Rice is a simple, nutritious grain eaten around the world. It grows in flooded fields called paddies. People boil or steam it to make soft, fluffy rice. It can be served with vegetables, meat, or sauces. Rice is used in many dishes like biryani, fried rice, and sushi.

What is your favourite food (5 lines)?

My favorite food is pizza. It has a soft crust, rich tomato sauce, and melted cheese. I love how you can add different toppings. It's great for any meal or snack. Pizza always makes me happy and full.

What is food (10 lines)?

Food is what we eat to live and stay healthy. It gives us energy and helps our body grow. There are different types of food like fruits, vegetables, grains, and meat. Each food group provides different nutrients.

Healthy food includes fresh fruits, vegetables, and whole grains. Unhealthy food has too much sugar, salt, or fat. We cook food by boiling, frying, baking, or grilling. Different countries have different food cultures. Food brings people together at meals and celebrations. Eating well keeps our mind and body strong.

What is a few lines of biryani?

Biryani is a flavorful rice dish cooked with spices, meat, or vegetables. It is a popular meal in South Asia, especially India and Pakistan. Each bite is rich with aroma and taste from saffron, herbs, and ghee. Biryani is often served at festivals, weddings, and special gatherings. It's a true celebration of spices and tradition.

Rice is one of the most loved foods around the world, and it's my absolute favourite too. Whether it's plain, spicy, or sweet, rice always satisfies my taste buds.

1. Rice is my favourite food because it is simple, tasty, and filling.
2. I love eating rice with dal, curry, or curd depending on the mood.
3. It is a part of our daily meals and enjoyed by all in my family.
4. Rice is very soft and easy to digest, which makes it good for health.
5. My favourite dish made with rice is biryani because it is full of flavours.
6. Sometimes, I enjoy sweet rice dishes like kheer and payasam.
7. Rice can be cooked quickly and paired with many different side dishes.
8. It gives me energy and keeps me full for a long time.

9. I love the aroma of freshly cooked rice—it makes me feel hungry.
10. For me, no meal is complete without rice on the plate.

100 Words Essay on My Favourite Food – Rice

Rice is my favourite food. It is a staple diet in many countries and is eaten in various forms. I love rice because it is simple, tasty, and can be paired with many dishes like curry, dal, and vegetables. My favourite combination is rice with chicken curry.

It is filling and gives me energy. My mother cooks rice perfectly, and the aroma makes me hungry every time. Sometimes, we also eat fried rice or biryani, which are delicious too. Rice is easy to cook and digest. I can eat rice every day without getting bored. It is truly my favourite food.

[See also 10 Lines On Chole Bhature In English](#)

150 Words Essay on My Favourite Food – Rice

Rice is my all-time favourite food. It is one of the most commonly eaten grains around the world and a staple in many cultures. I enjoy rice in many forms such as plain rice, fried rice, biryani, pulao, and even rice cakes.

My favourite way to eat rice is with dal and a bit of ghee. It is not only delicious but also very nutritious and filling. My mother cooks rice in various styles, and each dish tastes amazing. On special occasions, we make biryani, which is a rich and flavorful rice dish with spices, meat, and vegetables.

The aroma alone makes me hungry. Rice goes well with almost any curry or side dish. It is soft, light, and easy to digest. I love rice because of its versatility and taste. Whether I am hungry for a quick lunch or a festive dinner, rice is always my top choice.

200 Words Essay on My Favourite Food – Rice

Rice is my favourite food because it is simple, tasty, and very versatile. It is a staple food in many parts of the world, including Asia, and is cooked in a variety of ways. I love the soft texture of cooked rice and how it blends perfectly with many different dishes.

At home, my favourite combination is rice with dal and vegetables. Sometimes, my mother prepares biryani or fried rice, and I enjoy those special dishes even more. Biryani is rich in flavour and cooked with a mix of spices, meat, and vegetables. Fried rice is great when we have leftover vegetables or chicken.

Rice is also healthy and provides energy. It is easy to cook and doesn't take much time. I can eat rice every day and not get bored because it can taste different depending on how it is prepared. During festivals or family gatherings, rice dishes are always on the menu.

In conclusion, rice is my favourite food not only because it tastes good but also because of its cultural importance, health benefits, and endless possibilities. It is a part of my everyday life and brings comfort with every meal.

300 Words Essay on My Favourite Food – Rice

My favourite food is rice. It is a simple yet delicious staple food that is loved by people across the world. I enjoy eating rice in many different ways—whether it is plain white rice with dal, biryani, pulao, or even fried rice.

Among all these varieties, my favourite is rice served with chicken curry. The softness of the rice mixed with spicy curry makes it a perfect meal for me.

Rice is a food that suits all kinds of people and tastes. It can be made spicy, mild, sweet, or even sour, depending on the ingredients and cooking style. At home, my mother cooks rice every day, and she prepares it in different ways so we never get tired of it.

On special days, she prepares biryani, a rich and aromatic dish full of spices, vegetables, or meat. Fried rice is another favourite, especially when we want something quick and tasty.

Apart from being tasty, rice is also very healthy. It is rich in carbohydrates, giving us energy to work and play. It is also easy to digest and suitable for people of all ages.

What makes rice even more special to me is its connection with family traditions and celebrations. Every festival or special meal in my home includes a rice dish. Whether it is a simple lunch or a grand feast, rice is always part of the menu.

In conclusion, rice is more than just food to me. It is comfort, tradition, and joy on a plate. Its taste, variety, and importance in our daily life make it my all-time favourite food.

500 Words Essay on My Favourite Food – Rice

Food is one of the most important aspects of our lives. While there are many delicious dishes around the world, my favourite food is rice. It is a common staple in many countries and is widely loved for its versatility, taste, and ability to be paired with so many different kinds of dishes. For me, rice brings not just flavour, but also warmth, tradition, and comfort.

Rice is eaten in almost every household in India and many Asian countries. It can be prepared in multiple ways—boiled, steamed, fried, or even baked. My personal favourite is rice with dal or chicken curry.

The soft texture of rice and the flavour of the curry blend so perfectly that it becomes a comforting meal. On special occasions, we enjoy biryani, a dish full of spices, meat, and vegetables cooked together with rice. The aroma of biryani is mouth-watering and makes every occasion more festive.

Apart from its taste, rice is also very nutritious. It is a great source of carbohydrates which provide us with energy. It is also light on the stomach and easy to digest. For people who are unwell or have weak digestion, rice is often recommended with curd or lentils.

Another reason I love rice is its cultural significance. In many traditions and festivals, rice plays an important role. It is used in rituals, temple offerings, and special meals.

In my family, every festival meal is incomplete without at least one rice dish. It is also budget-friendly and can feed many people, making it a food that brings families and communities together.

Rice is not just food for me—it is an emotion. Whether I am happy, sad, tired, or celebrating something, rice always finds a place on my plate. It's a food I never get bored of, because every time it's cooked a little differently, it feels like a new experience.

In conclusion, rice is my favourite food not only because it tastes delicious, but also because it holds emotional and cultural value. It brings me joy, comfort, and a sense of connection to my roots. No matter how many new dishes I try, rice will always remain my favourite.

[See also 10 Lines On Chole Bhature In English](#)

1000 Words Essay on My Favourite Food – Rice

Food plays a vital role in our lives. It is not only essential for our survival but also brings joy, comfort, and cultural connection. Every person has a favourite food that they can enjoy at any time, and for me, that food is rice.

Rice is a staple in many parts of the world, and it holds a special place in my heart and on my plate. It is not just food, but a part of my daily routine, traditions, and special memories.

What is Rice?

Rice is a cereal grain and one of the most widely consumed staple foods, especially in Asia. It is grown in over 100 countries and is eaten by billions of people daily.

It comes in various types such as basmati, jasmine, brown rice, white rice, and sticky rice. Each type has a unique texture, aroma, and taste. The versatility of rice makes it suitable for a wide range of dishes, from simple meals to elaborate feasts.

Why Rice is My Favourite Food

The main reason I love rice is its simplicity and flexibility. It can be cooked quickly, combined with almost any ingredient, and still taste amazing. Whether I am in the mood for something spicy, sweet, or mild, rice always comes to the rescue.

My favourite rice dish is **rice with chicken curry**. The plain, soft rice balances the strong flavours of the spicy curry, creating a perfect combination of taste and texture. On days when I want something lighter, I enjoy rice with dal (lentils), curd, or even plain ghee.

During festivals and family gatherings, dishes like **biryani** or **pulao** are made, and those moments become even more special with their rich aroma and taste.

Variety in Rice Dishes

One of the most beautiful things about rice is how many dishes can be made from it:

- **Biryani**: A rich and aromatic dish made with spices, vegetables, or meat. It is often served during celebrations.
- **Fried Rice**: Cooked with vegetables, eggs, or meat, and flavoured with sauces, this is perfect for a quick, tasty meal.
- **Pulao**: A simpler version of biryani with fewer spices but still delicious.
- **Curd Rice**: A South Indian favourite made by mixing rice with curd, salt, and sometimes mustard seeds or curry leaves.
- **Sweet Rice**: Made during festivals, it's rice cooked with milk, sugar, dry fruits, and cardamom.
- **Lemon Rice, Tomato Rice, Coconut Rice**: Popular in South India, each version uses different ingredients and has a unique taste.

With so many options, rice never feels boring. Every meal can be different just by changing the style of preparation.

Health Benefits of Rice

Rice is not just tasty, it is also very nutritious. Here are some of its benefits:

- **High in energy**: Rice is rich in carbohydrates, which are the body's main source of energy.
- **Easy to digest**: Because it is light on the stomach, it is often given to sick people or babies.
- **Gluten-free**: Rice is naturally gluten-free, making it a safe choice for people with gluten intolerance.
- **Low in fat**: When cooked plainly, rice is low in fat and calories, especially useful for people on a balanced diet.

Brown rice and red rice have even more benefits as they contain more fibre, vitamins, and minerals compared to polished white rice.

Emotional and Cultural Connection

Apart from its taste and health value, rice holds a deep emotional and cultural connection for me. In my home, rice is cooked every day. It reminds me of my childhood, when I would return from school and smell the comforting aroma of freshly cooked rice from the kitchen.

My mother's hands have created countless dishes from rice, and each one brings back memories of love, care, and home.

In many Indian traditions, rice is not just food—it is a symbol of prosperity and purity. It is used in rituals, weddings, and religious ceremonies. During festivals like Pongal in South India or Onam in Kerala, special rice-based dishes are prepared as offerings to deities. Thus, rice connects us not only with our stomachs but also with our heritage and values.

Rice Around the World

Rice is loved all over the world, and every culture has its own way of cooking it:

- **In Japan**, rice is used to make sushi, a dish made with vinegared rice, fish, and vegetables.
- **In China**, fried rice is a common street food.
- **In Thailand**, sticky rice is eaten with mango as a sweet dessert.
- **In Italy**, rice is used to make risotto, a creamy dish cooked with broth and cheese.
- **In the Middle East**, rice is cooked with saffron, dry fruits, and nuts, creating a royal flavour.

This shows how rice has travelled the world and become a part of global cuisine.

Rice in Daily Life

In my daily life, rice is more than just food. It is a comfort food after a long day. It is the centrepiece of family dinners and the dish I crave when I feel homesick. Even when I travel or eat at restaurants, I often end up ordering a rice dish because it makes me feel satisfied and happy.

During exams or when I'm feeling anxious, a bowl of warm rice with ghee and salt feels like a hug. It soothes my nerves and fills me with warmth. On Sundays, our family enjoys special rice dishes like vegetable biryani or paneer pulao, turning an ordinary day into something joyful.

What Rice Has Taught Me

Interestingly, my love for rice has also taught me a few life lessons:

- **Simplicity is powerful:** Like rice, simple things in life can bring the most happiness.
- **Adaptability:** Rice blends with whatever it is paired with—just like we should adapt to different situations.
- **Value your roots:** Rice reminds me of my family, my culture, and my identity.

Conclusion

In conclusion, rice is more than just my favourite food. It is a part of who I am. It nourishes my body, pleases my taste buds, and comforts my soul. It connects me to my family, my culture, and people across the world.

See also 10 Lines On Chole Bhature In English

Whether it's a quick lunch or a festive dinner, rice always fits in. Its variety, taste, and meaning make it not just a dish on my plate, but a piece of my heart. No matter where life takes me, rice will always remain my favourite food.

What's your favorite food answer?

My favorite food is rice because it is soft, tasty, and goes well with many dishes. I love eating it with curry or vegetables. It is filling and gives me energy. Rice is also very easy to cook. I enjoy it every day!

How do I write about my favorite food?

To write about your favorite food, include:

1. The name of the food.
2. Why you like it (taste, smell, appearance).
3. When and how you eat it.
4. Any special memories or traditions.
5. How it makes you feel.

Example

"My favorite food is rice. I like it because it is soft and yummy. I eat it with vegetables and curry. My mother cooks it for lunch every day. It makes me feel happy and full."

Why is food important for us (5 points)?

1. Food gives us energy to work and play.
2. It helps our body grow strong and healthy.
3. Food protects us from sickness.
4. It helps our brain think and learn better.
5. Food keeps us alive and active every day.

What is your favorite food (Class 3)?

My favorite food is rice. It is soft, white, and tasty. I like eating it with curry or chicken. My mother cooks it fresh every day. I feel full and happy after eating rice. It is healthy and easy to digest. I can eat it at lunch or dinner. Sometimes we add ghee or pickles. My whole family loves rice. It is the best food for me.

10 lines on my favourite food rice in English

1. My favorite food is rice.
2. It is white and soft when cooked.
3. I like to eat rice with curry or vegetables.
4. My mother cooks it every day.

5. Rice gives me energy and keeps me full.
6. It is easy to digest and healthy.
7. I also like fried rice and biryani.
8. Rice is a common food in my home.
9. It tastes good with ghee or dal.
10. I enjoy eating rice with my family.

My favourite food – 10 lines

1. My favourite food is pizza.
2. It has cheese, sauce, and tasty toppings.
3. I love the crispy crust and melting cheese.
4. I eat it during parties and special days.
5. Pizza comes in many flavours.
6. My favourite is cheese burst pizza.
7. It smells so good when it's hot.
8. I like sharing it with my friends.
9. It makes me feel very happy.
10. I could eat pizza every week!

My favourite food – 10 lines for Class 1

1. My favourite food is rice.
2. It is white and soft.
3. I eat rice with dal and vegetables.
4. My mother cooks it for lunch.
5. It is very yummy.
6. I feel happy after eating rice.
7. It gives me energy.
8. I like fried rice too.
9. Everyone in my family likes rice.
10. Rice is the best food for me.

10 lines on my favourite food rice for Class 4

1. Rice is my favourite food.
2. I love it because it is soft and tasty.
3. My mother cooks rice every day.
4. I enjoy eating rice with dal and vegetables.
5. Sometimes we eat rice with chicken or fish curry.
6. It is a healthy and filling food.
7. Rice gives me energy to study and play.
8. I also like biryani, which is made with rice.
9. Rice is a common food in many parts of the world.
10. I never get bored of eating rice.

10 lines on my favourite food rice for Class 1

1. I love rice.
2. It is white and soft.
3. My mom cooks it every day.
4. I eat it with dal and vegetables.
5. Sometimes I eat it with chicken curry.
6. It is hot and yummy.
7. Rice makes me feel full.
8. I can eat rice at lunch or dinner.
9. It is healthy food.
10. Rice is my favourite!

10 lines on my favourite food rice chicken

1. My favourite food is rice with chicken.
2. It tastes very delicious and spicy.
3. My mom makes it every Sunday.
4. The chicken curry is full of flavour.
5. Rice and chicken is a perfect combination.
6. I like biryani, which is made with rice and chicken.
7. It smells so good when cooked.
8. I enjoy eating it with my family.
9. It fills my tummy and makes me happy.
10. I always look forward to eating rice and chicken.

10 lines on my favourite food rice for Class 3

1. Rice is my favourite food.
2. It is a staple in my house.
3. My mother makes tasty rice dishes.
4. I like it with dal, curry, and vegetables.
5. Rice gives me lots of energy.
6. It is soft and easy to eat.
7. I eat rice almost every day.
8. Fried rice is also one of my favourites.
9. My friends also like rice.
10. I enjoy every bite of rice.

My favourite food is rice – Essay

My Favourite Food – Rice

My favourite food is rice. It is a simple but tasty dish that I eat almost every day. I like it because it is soft, warm, and goes well with many other foods like dal, curry, and vegetables. My mother cooks it fresh for lunch and dinner.

Sometimes we add ghee or curd to rice, and it tastes amazing. Rice gives me energy and helps me grow strong. It is also easy to digest and very healthy. Fried rice and biryani are my favorite rice dishes. Everyone in my family loves rice too. That is why rice is my most loved food.

Conclusion

To sum it up, rice is truly a wonder food. It is healthy, tasty, and very easy to make. Whether it's lunch or dinner, rice fits in perfectly. It can be enjoyed plain or made into special dishes. That is the magic of rice.

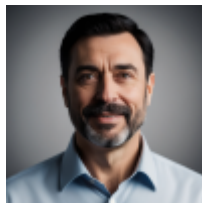
It gives energy and keeps the stomach full for hours. It is also very affordable. That's why so many families choose rice as their daily food. It is also a good source of carbs, which help us stay active.

I love how rice can be eaten in many different ways. Sometimes I eat it with dal, sometimes with spicy vegetables. During festivals, my family cooks sweet rice dishes like kheer. Every time I eat rice, I feel happy and satisfied.

Rice reminds me of home. It reminds me of my childhood meals with family. That's why I love it so much.

In a world full of food choices, rice still stands strong. It is simple, but never boring. It is light, yet filling. No matter how many new foods I try, rice will always be my favourite.

For me, rice is not just food. It is a feeling. A feeling of comfort, care, and love.



Alberto Robino

Alberto Robino is a passionate content creator who specializes in sharing concise, insightful, and engaging 10-line facts on a variety of topics. With a love for simplifying complex ideas, he enjoys providing quick, digestible information to help people learn fast.