

10 Lines on Gauri Spratt

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Not all powerful stories begin with a bang. Some begin in a quiet living room in Bangalore, with the smell of coconut oil and jasmine in the air, a little girl watching her mother work her magic with a comb and a pair of scissors.

That little girl was Gauri Spratt. And while the world may have only recently started saying her name out loud—thanks in part to her connection with Bollywood’s Aamir Khan—those who’ve known her story know she’s been building something real for decades.

If you ever sat down to write *10 lines on Gauri Spratt*, you’d quickly realize how hard it is to fit her spirit into just a few sentences. She’s not just someone who “ended up in the headlines.”

She’s a stylist, entrepreneur, wellness guide, mother, animal advocate, and builder of communities who believe in presence over pretense. Her journey isn’t flashy—it’s lived-in, deeply personal, and undeniably human.

Let’s walk through it, like a long, easy chat on a warm afternoon.

She’s more than a name in the headlines. Gauri Spratt is a quiet force—stylist, entrepreneur, mother, and changemaker—who’s turning everyday moments into something meaningful.

1. Roots in Many Worlds

Gauri's life started in a home that blended worlds. Born in **August 1978 in Bengaluru**, she grew up listening to Carnatic music in the morning and British radio plays by evening. Her mother, **Rita**, was part Tamil, part British—refined, warm, and practical. Her father came from Punjabi-Irish roots, bringing both a loud laugh and stories of activism and independence.

This was not a house where anyone was told to “fit in.” Gauri was raised in a space where *everything* was welcomed—cultures, ideas, foods, opinions. Sunday meals might have involved idlis and stew on the same table. Christmas and Diwali were celebrated with equal joy.

That blend of tradition and openness shaped her. It's no surprise she would later become a bridge between many worlds—style and substance, modernity and mindfulness, the spotlight and the stillness behind it.

Perhaps most influential was her grandfather, **Philip Spratt**, a British man who came to India during its freedom movement and stayed—not just physically, but with heart and purpose. His writings, his commitment to social justice, his quiet rebellion—all of it left an imprint on Gauri's sense of integrity.

She grew up with stories not just of style, but of *why* we care, and *who* we become when we stand for something.

2. A Creative Spark, Early and Unmistakable

She wasn't your average teenager. While others might obsess over movies or fashion trends, Gauri was already sketching designs and helping friends redo their hairstyles for school events. She found beauty in personality—how someone laughed, how they carried their nervousness, how a little lift in the hair could shift their whole posture.

After finishing school at **Blue Mountain School in Ooty**, she knew she had to leave to grow. In 2002, she moved to **London**, enrolling at the **University of the Arts**, where she studied styling and photography. The move was bold. She didn't know where it would take her—but she knew she needed to step out of the familiar.

London was grey, loud, fast, but also thrilling. Gauri found herself drawn to street fashion, cultural hubs, and the deep inner world of styling—where a look wasn't just about looks. It was about identity.

At night, she worked on creative projects with classmates, shot moody portraits in alleyways, and sometimes stayed up mixing essential oils because they reminded her of home.

She wasn't trying to be famous. She was just trying to understand people better—and how they showed up in the world.

3. Back to Bangalore: A Salon, Her Way

By 2007, she was back home. But not to settle. She wanted to *start*.

Partnering with the B:Blunt brand, she opened her first salon: **B:Blunt@Spratt Hairdressing**. It wasn't meant to be just another salon. It was intimate, grounded, calm. Think potted plants, slow music, sunlight—not just a place to “get your hair done,” but a space where people could feel seen.

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She trained her staff personally, focusing not just on technique but on how to *listen*. Clients weren't treated as numbers. Every cut, every treatment, was rooted in conversation. Over time, her team grew.

So did her impact. By 2012, she had opened a second salon in Mumbai. By 2018, one more in Gurugram. Her small Ayurvedic product line—made from ingredients like hibiscus, bhringraj, and coconut—was now being sold alongside global brands.

But what Gauri is proudest of? “Some of the young women I hired when they were just out of school now run entire branches,” she once said. “That's the kind of growth that matters.”

4. Beyond Beauty: Healing Real Loneliness

In 2023, while the world buzzed on social media, Gauri noticed something else: people were lonelier than ever. More connected online, yes—but more distant in real life. So she did what she always does—created a space.

Beyond The Crown Ventures was her answer. A series of in-person events, workshops, and retreats where people could meet, talk, share, and simply be. No filters. No followers. Just presence.

She started small—a few storytelling evenings in Bengaluru. Then came silent dinners, where people communicated only through written notes. Then weekend retreats that included journaling, yoga, and long walks through nature.

Within months, hundreds had attended. One young woman wrote in a feedback form, “*I came in feeling invisible. I left with five new friends, and more hope than I've had in a year.*”

That, to Gauri, is success. And it's just the beginning.

5. A Love That Took Its Time

Now, let's talk about the man beside her—**Aamir Khan**. For many, their relationship seemed to appear out of nowhere. But the truth? It was a friendship decades in the making.

They met in their early 20s. Aamir, already a rising star. Gauri, a grounded creative who didn't really care about fame. Their connection was quiet, real. Over the years, they stayed in touch—never in the headlines, always respectful.

In 2023, after bumping into each other at a cafe in Bengaluru, something shifted. What was once a casual bond grew into something deeper. They spent time together—walking, talking, listening.

By March 2025, Aamir introduced her publicly during his birthday celebration. No drama. No big announcement. Just presence—just like her.

To Gauri, it wasn't about stepping into the limelight. It was about stepping into something honest, something earned.

6. The Real Heart of It All: Motherhood

Behind the creativity, the salons, the headlines—Gauri is a mother. And it's a role she protects fiercely.

Her son, **Quinn**, is six. And like any six-year-old, he's full of questions, energy, and wonder. Gauri structures her day around him—mornings that start with homemade breakfasts, school pickups woven between salon visits, bedtime stories with homemade shadow puppets.

She believes in boundaries: Sundays are screen-free. Evenings are quiet. Life doesn't revolve around rush—it revolves around rhythm.

She often says, "My work is important. But this? This is my real work."

Being a public figure has changed parts of her life. But at home, she's just Mama. The one who knows which story calms him best, and how to make him laugh after a tough day.

7. A Voice for the Voiceless: Her Work With Animals

If you know Gauri even a little, you know she has a soft spot for animals—especially the ones no one notices. Stray dogs, abandoned cats, injured birds. Her salons quietly host "**adoption days**" every month, where local shelters bring in animals to meet potential families. Clients coming in for a haircut often leave with more than a new look—they leave with a new family member.

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In 2024, she personally helped rehome over 100 animals across Bangalore and Mumbai. Some were senior dogs no one else wanted. Some had health issues. Gauri partnered with vets, groomers, and even set up small donation corners in her salons.

She made animal care part of her everyday life—not a side cause but something deeply woven into her day-to-day.

She also walks the talk. Her own rescue dog, **Luna**, a gentle, scruffy mix with cloudy eyes and a wagging tail, is often by her side—at work, in workshops, even in the quiet corners of her family life. “She reminds me every day to be patient and present,” Gauri says. “Animals have a way of grounding us.”

8. Wellness That Goes Deeper Than Skin

Gauri doesn't believe beauty ends at the mirror. To her, true beauty is balance. And she practices what she preaches.

Every morning, she rolls out her yoga mat before sunrise. Not for Instagram. Just for herself. Her days begin with **sun salutations**, followed by deep breathing, sometimes a quiet crystal meditation. Not because it's trendy, but because it works—for her.

Over the years, she's grown deeply interested in **energy healing**, crystals, and natural rhythms. She keeps **rose quartz** on her desk for self-compassion. **Amethyst** in her studio for clarity. And she often includes small, gentle wellness practices into her business life—things that help people slow down.

At her salons, you'll find short breathing breaks built into the schedule. Her stylists are encouraged to take five quiet minutes between clients. The waiting area has calming herbal teas instead of coffee. Even the music is tuned for peace, not distraction.

And at **Beyond The Crown** events, she leads what she calls “Mindful Mornings.” People write down what's heavy on their minds, then tear it up and let it go. It sounds small, but in a world that never stops buzzing, these little pauses feel like full-body exhale moments.

9. Style That Speaks Softly, Yet Powerfully

Gauri's personal style? Simple. Graceful. Unbothered by trends.

She often wears **neutral-toned sarees**, linen tunics, and flat sandals. Her makeup is light, usually just a hint of kohl and a soft lip balm. She doesn't dress to impress. She dresses to feel like herself.

And her salons reflect that same philosophy. The spaces are uncluttered, full of light and plants. No loud colors. No aggressive sales pitches. Just comfort, elegance, and a sense of calm. It's a place where clients don't feel judged. Instead, they feel held.

She's also extremely selective about what products make it to the shelves. Everything is cruelty-free. Many are locally made. Her own line of hair oils and shampoos is sold in amber glass bottles—unbranded, minimal, beautiful.

“I never wanted to create something loud,” she says. “I wanted to create something that whispers and still reaches people deeply.”

10. A Brand That Feels Like a Hug, Not a Billboard

What makes Gauri stand out—especially in an industry full of flashy branding—is that her brand *feels* like her. It’s thoughtful. It’s kind. It doesn’t chase attention, but it quietly earns trust.

Customer reviews often say things like “It felt like home,” or “They remembered my name, my story, even the tea I like.” That’s no accident. Gauri trains every stylist herself. Not just in technique—but in tone. In empathy. In learning how to make people feel safe.

She’s never tried to go viral. She’s tried to go *deeper*. Her salons run at over 80% repeat clients—a rare number in any industry.

And Beyond The Crown? It’s not just a side project. It’s fast becoming her life’s work. There’s talk of expanding it to **London** and **Dubai**—cities where people feel even more disconnected, despite their hustle and glow.

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But even as she grows, Gauri is clear: “Growth should feel like a garden, not a factory. It has to stay real. Otherwise, what’s the point?”

Bonus 1: Love and Light: Navigating Public Life with Aamir Khan

Being in a relationship with someone like **Aamir Khan** brings attention. Cameras. Questions. Speculation. But Gauri has handled it all with the same grace she brings to everything else.

When they were first seen together publicly, she didn’t issue statements or sit for interviews. She just showed up, quietly, beside him—with presence, not performance.

Insiders say Aamir admires her strength. He calls her his “mirror”—someone who reflects things back honestly, with gentleness. Their bond isn’t based on headlines. It’s based on shared values. Long walks. Unfiltered conversations. Mutual respect.

It’s not a fairy-tale romance. It’s a grounded, grown-up love—one that lets both people keep growing, side by side. And that’s what makes it so refreshing.

Bonus 2: The Most Important Role: Being a Mother

We’ve mentioned Quinn before, Gauri’s six-year-old son. But here’s where we really slow down.

Gauri doesn’t just “balance motherhood.” She **prioritizes it**.

Her work schedule wraps around school hours. She does video meetings in the early morning or late night so her afternoons are free for homework, lunchboxes, and playtime. She plans Sunday outings with Quinn—nature trails, craft fairs, or just lying on a blanket reading books together.

He's already curious. He once asked her, "Why do people come to your salon sad and leave smiling?" She said, "Because we take care of them. That's the real job."

Gauri says motherhood teaches her more than any workshop ever could. "He reminds me to be present. To listen fully. To laugh more." And she's not shy about asking for help when she needs it. "There's no prize for doing it all alone," she says. "Support is a strength."

What's Next? Bigger, But Still True

Gauri doesn't think in terms of "global domination." She thinks in terms of **impact**.

In the next two years, she plans to take **Beyond The Crown** to cities like **London, Dubai, Singapore**—places where loneliness is rising but where people crave connection. She's also toying with the idea of a **mobile wellness van**—a traveling studio that offers pop-up retreats, haircut stations, and mindful breaks in places that need it most.

She's started quietly advising **Aamir Khan Productions**, helping bring mental health and community themes into film development. She's even co-writing a docuseries on *the art of human connection*—set to roll out in late 2025.

And perhaps most exciting of all, she's partnering with **UN Women India** on a mentorship program called **CrownHer**. It's designed to support 50 young female entrepreneurs across the country—not just with business tools, but with emotional and spiritual wellness as part of their leadership journey.

"This is where my heart is," she says. "Lifting people up from the inside."

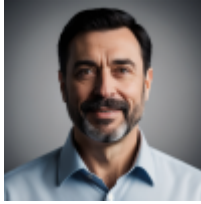
Conclusion: Quiet Power, Lasting Light

When you zoom out, Gauri Spratt's life doesn't follow a straight line. It doesn't rush or shout. It moves gently. Thoughtfully. With care.

From a multicultural childhood in Bengaluru, to a creative life in London, to salons that heal and workshops that connect—her journey is a beautiful mix of style and soul. She's not trying to be anyone's idea of perfect. She's just trying to live well, love deeply, and leave every space a little better than she found it.

Yes, she walks beside one of India's biggest stars. But she's never in anyone's shadow. She walks in her own light.

And in a world that so often feels loud, fast, and disconnected, women like Gauri remind us what it means to live with presence, with purpose, and with quiet, unwavering grace.



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